

La Tranche-sur-Mer / Marans

La Vélo dyssée, the Atlantic Cycling Route



La Belle-Henriette Lagoon, separated from the sea by a narrow band of sand, and then your arrival into La Faute-sur-Mer which stretches endlessly towards the point of Arçay, mark this stage of La Vélo dyssée. The route then heads into St-Michel-en-l'Herm through the dried marshes of Marais Poitevin a great expanse of marshes and cultivated land dotted with farms and sheds. The crossing of the Pont du Brault takes us into Charente-Maritime in the ancient district of Aunis. Marans, the capital of the dried Marais marshes, was once a very important look-out point.

Itinerary

Mainly on small roads with sections on designated cycle lanes. An easy section.

Départ

La Tranche-sur-Mer

Arrivée

Marans

Durée

3 h 05 min

Distance

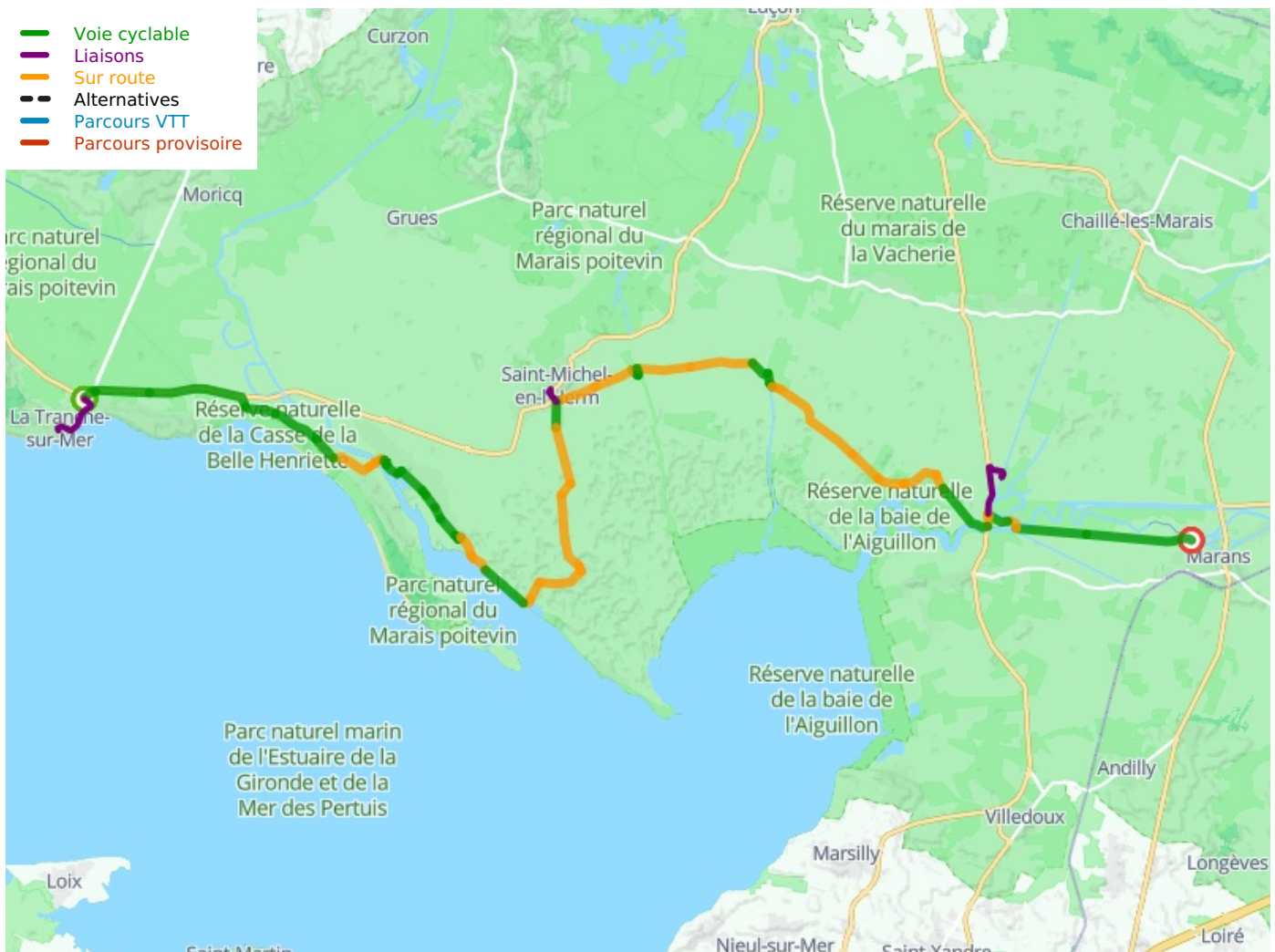
46,27 Km

Niveau

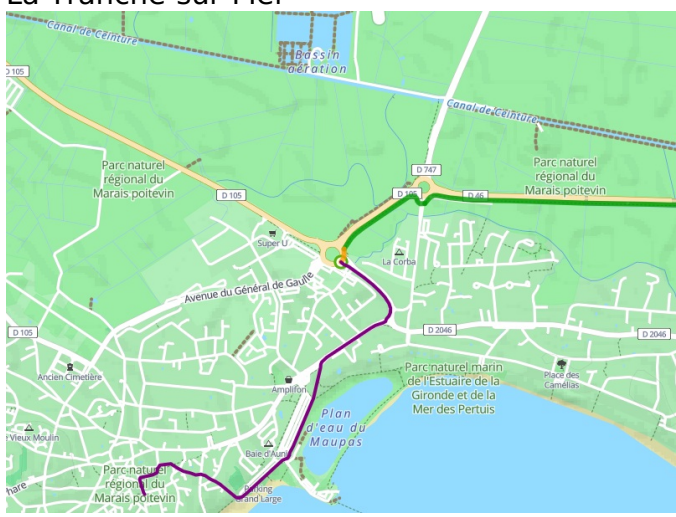
I cycle often

Thématique

Seaside



Départ
La Tranche-sur-Mer



Arrivée
Marans

